tradewinds

APPETIZERS

THE WINGS! 14(6pcs) 21(12pcs)

Served with carrots & celery and your choice of sauce

Choice of sauces:

- Medium
- Hot
- Suicide
- Szechuan (dry)

Gobi Manchurian 11 🖺 🥸

Crispy cauliflower tossed with zesty garlic-chili sauce

Hummus 8 🗓 🕸

Chickpeas blended with tahini, and served with flat bread, carrot, cherry tomatoes, jicama & cucumber

Fried Club Pickles 8 🗋 🕮 🔤

Crispy home-made pickles batter fried & served with ranch dressing

Nachos 14 🗓 🕮

Corn chips topped with cheese, jalapeño, refried beans, olives and tomatoes with guacamole, sour cream & salsa Gluten-free option available

Add-ons:

- Grilled Chicken 5
- Beef Chili 5
- Cheese 5

SALADS

All salads are made fresh to order with seasonal ingredients.

Choice of dressing (choose one): Ranch, Balsamic, Sesame, Caesar, Lemon Ginger Vinaigrette

Superfood Chopped Salad 18 Spinach, kale, avocado, grapes, broccolini, cherry tomatoes, cucumber, blueberries & almonds

Caesar Salad 14 [© © Romaine, garlic croutons, bacon, soft boiled egg & parmesan

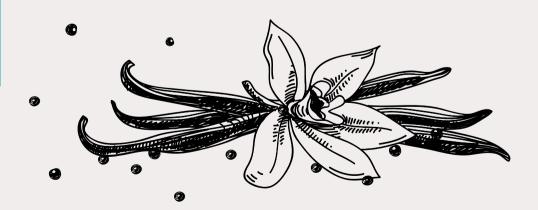
House salad 9 (GF) (29)
Mesclun, onions, tomatoes, cucumbers, shredded carrots

Soba Salad 11 🔊 🖼

Mesclun greens, roasted shiitake mushrooms, cherry tomatoes, cilantro, green onions & edamame tossed in sesame dressing

Add-ons:

- Grilled Chicken 5
- Miso Salmon 10 🚳
- Impossible™ Burger Patty 14 🎉 (plant-based protein)

















SOUPS

Soup of the day 8

Chef's selection (asian) Gluten-free option available

Beef Chili 8 GF NEW

Classic American style chili

PIZZAS

Gluten-free cauliflower crust 3

D.I.Y. PIZZA 21

Choice of white or red sauce with any two toppings.

White Sauce Pizza | | 👺

Garlic, oregano & olive oil

Red Sauce Pizza 1 🖄

Slow-simmered tomato sauce & fresh basil

Regular Add-ons 4 (per topping)

- Bacon
- Bell Pepper
- Ham
- Italian Sausage 🌎
- Jalapeño
- Mushrooms
- Pepperoni 🃆
- Pineapple
- Red Onion
- Tomatoes

Premium Add-ons 5 (per topping)

- Artichoke
- Arugula
- Avocado
- Chicken Breast
- Feta Cheese

SANDWICHES & WRAPS

Choice of fries, onion rings or side salad. Gluten-free keto bun 2

Pickle Brined Chicken Sandwich 15 | NEW

Batter fried boneless chicken brined in our house-made pickle juice, lettuce, tomato & ranch dressing on sesame bun, served with slaw

Smokey Pulled Pork Sandwich 20 🖒 🔘 😂

Hand-pulled pork, B.B.Q. sauce, dill pickles and coleslaw on sesame seed bun

California Club 17 🖺 🎯 🥽

Turkey breast, ham, bacon, avocado, cheddar on whole wheat bread Gluten-free option available

Classic Reuben 15 🖺 💿

Corned beef, Swiss cheese, sauerkraut, Russian dressing on rye bread

Caesar Burrito 7(half) 11(full) 🖺 🖄 Romaine, avocado, refried beans,

caesar dressing in a flour tortilla

Add-ons:

- Grilled Chicken 5
- Miso Salmon 10
- Impossible™ Burger Patty 13 🖄 (plant-based protein)

Vegan Teriyaki Chicken Sandwich 24 🖄 🖭

Plant-based chicken with lettuce, tomato & cucumber on a keto bun Gluten-free option available



Menu Icon Key:















Vegetarian

BURGERS

Made in-house from freshly ground American chuck & sirloin on sesame seed bun or substitute with a very low carb lettuce bun ☼ Choice of fries, onion rings or side salad Gluten-free bun 3
Impossible™ plant-based patty 5 ☒

Mexican Burger 21 │ NEW

Char-grilled patty topped with Club-made Texas chili, sour cream, jack cheese, fresh guacamole & jalapeños

Gluten-free option available

Classic Cheese Burger 17 (© Lettuce, tomatoes, red onions & American cheese Gluten-free option available

The Chophouse Angus Burger 31 (Swiss cheese, bacon, lettuce, tomatoes, pickled onions & sautéed mushrooms Gluten-free option available

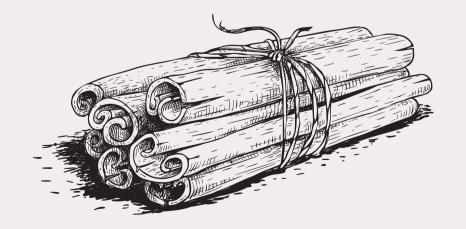
The Impossible™ Burger 24 () ②
Plant-based patty, Blue cheese, mushrooms, pickled onions, arugula & tomatoes
Gluten-free option available

Add-ons:

- Fried Egg 2
- Jalapeño 2
- Sautéed Mushroom 4
- Caramelized Onions 4
- Pickled Onions 4
- Hickory Smoked Bacon 4 💭
- Avocado 3
- Extra Cheese 4 () (American, Swiss, Cheddar)

Premium Add-ons:

- Extra Beef Patty (220gm) 8
- Impossible™ Burger Patty 14 🎉 (plant-based protein)



PASTAS

Spaghetti & Meatballs 22 [© Beef meatballs & spaghetti tossed with tomato sauce Gluten-free option available

Shrimp Linguine 23 @ NEW

Tossed with clam jus, anchovies, garlic, tomatoes, basil & white wine Gluten-free option available

Baked Mac & Cheese 15 [] [2]
American classic

Add-ons:

Slow braised B.B.Q. Pulled Pork 6

Vegan Bolognese Pasta 18 Plant based minced meat tomato ragu Gluten-free option available

MAINS

B.B.Q. Pork Ribs 24

Tender back ribs, basted in our special B.B.Q. sauce served with coleslaw, sweet corn & fries

Vegetarian Lasagne 18 (STEW)
Baked Lasagne with eggplant, zucchini with herb tomato sauce

Char-grilled Rib Eye Steak 33 GF Roasted vegetables, whipped potatoes & green peppercorn sauce

Fish & Chips 15 (© Served with coleslaw & tartar sauce Gluten-free option available

Side Orders:

- Rice (brown, biryani, chicken) 3
- Steamed Jasmine Rice 2
- Indian Tandoori Naan 4 🔊 (plain, garlic, cheese, butter)
- Side Green Salad 5
- Oven Roasted Veggies 5
 (new potatoes, carrots, capsicum, green zucchini, olive oil, salt and pepper)

Shellfish

- French Fries 6
- Baked Mac & Cheese 6
- Mashed Potatoes 5 🖒



Menu Icon Key:



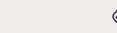




Gluten-free









Vegetarian

INDIAN

Papadum and choice of naan or biryani rice

Mutton Rara Gosht 22 (100 NEW Slow cooked mutton cubes marinated with red chili, ginger & garlic in onion cashew nut gravy served with raita Gluten-free option available

Paneer Makhani 15 (1) NEW

Cottage cheese with spices, herbs & cashew nuts in spice gravy

Gluten-free option available

Machi Vindaloo 20 NEW
Slow cooked fish marinated with turmeric,
ginger & mix spice in tomato &
onion gravy
Gluten-free option available

Chicken Tikka 17 (1) (1)
Boneless chicken marinated in yogurt, garlic, ginger & blend of Tandoori spices with mint yogurt
Gluten-free option available

Dal Makhani 14 () (S) NEW
Slow cooked black lentils with garlic,
tomato kasuri methi, butter & cream
Gluten-free option available

Southern Indian Dosa 9 NEW Served with assorted chutney, potatoes, cauliflowers & sambar

Thali 21 () NEW

Served with dal tadka, aloo mutter,
paneer masala, papadum, raita, mango
chutney & steamed rice

Add-ons:

- Chicken tikka 5

ASIAN

Hainanese Chicken Rice 14 White or dark meat with traditional accompaniments

Gluten-free option available

Seafood Hor Fun 18 © © Stir-fried noodles, prawn, sliced fish, fish cakes, vegetables with an egg drop gravy

Singapore Laksa 14 () () () () Thick noodles, chicken, shrimp, quail eggs, dried taupok with a coconut-curry broth

Gong Bao Chicken 17 (b)
Cashew nuts, dried chili, ginger, garlic, onions, served with steamed jasmine rice

Thai Green Curry 11 (F) (W)
Thai green eggplant, red chili, cherry tomatoes, lime leaf, and Thai basil, served with steamed jasmine rice

Add-ons:

- Chicken 5
- Prawns 9 🚳
- Beef 10

Steam Local Snapper with Ginger Paste 21 NEW

Broccoli & tofu served with steamed jasmine rice Gluten-free option available



Vegetarian Fried Rice 11 ©
Cauliflower, shiitake mushrooms, cabbage, corns, carrots, sweet peas & egg

Gluten-free option available

Optional: Swap white rice for cauliflower 3 ©
NEW

Mala Stir Fry 11 (1) (2) NEW
Broccoli, mushroom, cauliflower, carrot, cabbage, dried chili, spring onion, szechus

cabbage, dried chili, spring onion, szechuan peppercorn, lotus root, and capsicum, served with steamed jasmine rice

Spiciness level:

- Mild - Spicy

Add-ons:
- Chicken 5 - Seafood 9 - Beef 10

Menu Icon Key:

Dairy

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GF

Nuts

Pork

Shellfish

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APPETIZERS

GRILLED B.B.Q. CHICKEN SATAY 11 (8PCS), 18 (16PCS)



With traditional accompaniments & peanut sauce

TACOS

Unless mentioned, all tacos are served with shredded cabbage, pickled onions, jalapeños cream, guacamole, queso fresco & pico de gallo. Served with chips & salsa on side.

GF Gluten-free option available

CARNE ASADA TACOS 19 📋

KOREAN PORK BULGOGI TACOS 18

Marinated streaky pork, shredded cabbage, kimchi & spicy ssamjang sauce

GRILLHOUSE BRISKET TACOS 19

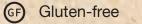
CHIPOTLE TEMPEH TACOS 12 NEW 2

GRILLED BARRAMUNDI TACOS 17





















HAND-CRAFTED BURGERS & SANDWICHES

Served with a side of shoestring, sweet potato or waffle fries

Kathi Roll 17 🗓 🔤

With grilled chicken tikka, baby spinach, carrot, cucumber wrapped in chapatti & served with mint & mango chutney Option: Tempeh 13

Slow Smoked B.B.Q. Brisket Melt 15 📋

Served with Colby Jack cheese, dill pickles & jalapeños on toasted multigrain bread

Mushroom Melt 13 🖺



Button mushrooms sautéed with caramelized onions, Parmesan and Swiss cheese & spinach on toasted multigrain bread

MAINS

Grilled Salmon with Basil Pesto 22 (1) GF



Served with seasonal vegetables and choice of mashed potato or shoestring fries

















MONDAY

Burger Blast \$100

- 5 Classic Burgers (Choice of beef or impossible patty)
- Sides (Choice of French fries or onion rings)
- House Salad (Choice of dressing: ranch or lemon ginger vinaigrette)
- Oreo Peanut Butter Pie

TUESDAY

Taco Tuesdays \$100

- 12 Pieces of D.I.Y.Taco Kit (Choice of pork carnitas, shredded chicken, smoked jackfruit or vegetarian)
- · Chips & Salsa
- Mexican Rice with Black Beans
- Jicama Salad with Lime Vinaigrette
- Churros

WEDNESDAY

Local Favourites \$100

- Szechuan Prawns with Cashew Nuts & Capsicum
- Stir-fried Hong Kong Kai Lan
- Crab Meat Fried Rice with Tobiko Egg
- Lemongrass Jelly with Aloe Vera

THURSDAY

Retro American Cuisine \$100

- Potato Salad
- Meatloaf
- Mac & Cheese
- Roasted Cauliflower
- Strawberry Jello
- Fudgy Brownie

FRIDAY

Grazing Board \$100

• Charcuterie Board

(5 kinds of cheese, mixed olives, hummus 8 oz, cucumbers, carrots, cherry tomatoes, 12 pieces of Yeast Coast! sourdough, dried fruits & grapes)

SATURDAY

Indian Favorites \$100

- Mutton Rogan Josh
- Chicken Tikka Masala
- Biryani Rice
- Plain Naan
- Raita
- Gulab Jamun

SUNDAY

Sunday Roast \$100

- Whole Roasted
- Chicken with Gravy Whipped Potatoes
- Garden Salad
- Baked Mac & Cheese
- Cookies











